



SMART PARENTING *for* CHILD

Dr. Godbole's Chiranjeev Child Development Center

Caring for your Sick Child?

Every child gets ill occasionally and every parent has had that feeling of anxiety as they see their normally cheerful child looking sad and listless. Most bouts of illness pass quickly and leave children better able to resist the next attack.

Most of the times disease manifests easily, but often it is difficult to tell whether a child is ill. Your baby may be irritable, hot and miserable one minute and playing around quite happily the next. In such case, trust your feelings and watch for signs of illness (e.g. vomiting, fever, cough etc.) and / or unusual behaviour (e.g. crying, food refusal, irritable, drowsy etc.). If you are worried contact your doctor- well in advance, at right time and preferably with prior appointment. Even if it turns out that nothing is wrong, it is much better than running around at midnight to find a doctor or a chemists shop.

To get the best of your doctor

- Remember his timings & busy schedule.
- Respect his knowledge.
- Be sure to know about baby's illness, signs to observe and treatment plan with drug details before leaving his clinic

Don't give medicines on your own.

Your child is not a guinea pig!

